

## OLD FASHION SUMMER FUN:

Everyone is planning summer outings. From picnics in the park, to swimming parties at the pool, or boating on the lake, out of doors is the place we all want to be. We want the storms to end, and we embrace the sunshine as if it were a long lost friend. While we easily recognize the devastation that can result in a brief encounter with a violent storm, we seldom think of the long-range harm that can occur from extended exposure to the sun.

My grandparents were born in the country, and even though they lived in town when I was a child, their backyard displayed all the beauty of the country homes where they were raised. It was a reflection of their mutual love of the outdoors. A countless variety of flowers and vegetables in their garden with the rock circle of the gold fish pond in the center, made it a summer wonderland in which to play. I never remember seeing my grandfather outside without a hat, nor my grandmother without her bonnet.

While today we may buy a hat for reasons of fashion or wear a cap to elude a bad hair day, the true and original function of head gear is for protection! So, drink plenty of fluids, get adequate sleep and next time you go out, remember to shield your eyes and skin from the sun's rays. Grandpa and grandma didn't have conventional sunscreens, so cover your skin, especially the face, with an approved sun blocker, grab the sunglasses or go old fashioned and wear a hat!

Bonnie B. Wells, Executive Director

## HR NEWS:

### Summertime Safety Tips

As summer gets into full swing, there are several things to keep in mind before heading outdoors! To avoid insect bites make sure to wear loose-fitting, long-sleeve clothing. Insects are attracted to bright colors so try to wear colors that are neutral if you are planning on being outdoors for an extended time. Before you head outdoors make sure to pack some drinks and snacks. Staying well hydrated is a good tip to prevent heat stress or heat stroke. Preventing sun burns and sun poisoning by wearing sun screen is a big summertime safety tip. Make sure your sun screen is right for your age and activity. Make sure to do your own summertime safety tips search online if you are unsure if a certain activity is going to be safe for you or your family. Enjoy the sun and stay safe!

### WHAT - A BONUS FOR HELPING MY FRIEND GET A JOB???

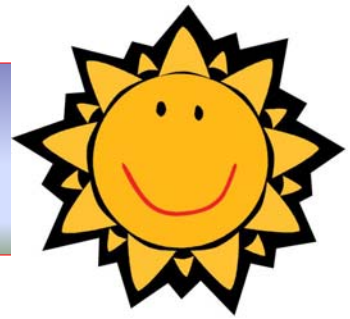
Have you heard? EARC offers a referral bonus to any current hourly paid employee who refers a future employee to EARC!!! You can receive up to a \$250 bonus!!! Once your referral has been employed for 60 days, you will receive a \$125 bonus. Once your referral has been employed for 120 days or upon completion of required training (whichever is later), you will receive another \$125 bonus. Please make sure that your referral mentions your name when they submit their application or at the interview. We appreciate your support!!!!



# EARC News Express

EARC MONTHLY NEWSLETTER

JUNE 2008



## NOVA CENTRE NEWS:

An important issue facing everyone in today's world is emergency preparedness. In the United States and around the world, this topic has taken center stage. In Oklahoma, we have recently dealt with destructive tornadoes and ice storms. At a recent conference on disaster management for long-term care facilities, the Oklahoma State Department of Health provided valuable information on threat and risk assessment and templates for emergency/disaster plans. The EARC board of directors had already taken a proactive approach this spring, by reviewing EARC'S emergency preparedness plan. It was determined that the plan needed some modification and updating. The executive director, Bonnie Wells asked the Quality Assurance Committee at the Nova Centre, which includes the medical director Dr. Frank Davis, to take on this project in order to have an effective plan in place by the end of the summer.

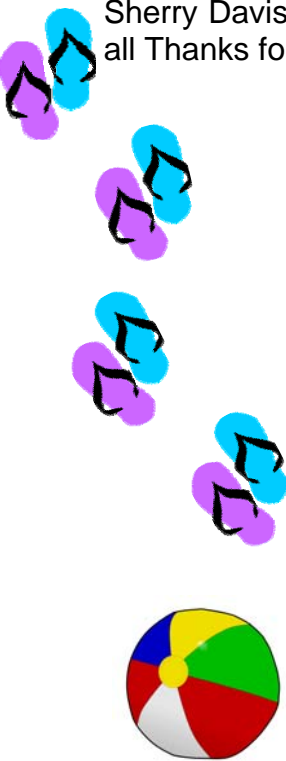
## THRIFT STORE NEWS:

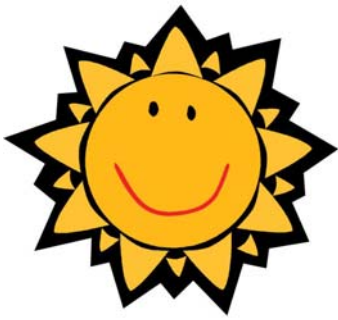
It's 4th of July Parade Time!!! The EARC Thrift stores will have a float in the 4th of July parade this year. Anyone who wants to help decorate, ride, or just watch our float in the parade is invited to do so. We will need ideas on decorating and decoration. This years theme is Heroes. If you would like to help in anyway please call Kim Pittman at 348-6502.

EARC Thrift store would like to announce the winners of the \$10.00 gift certificates and the grand prize \$50.00 gift certificate from the 2nd Anniversary of the 92 E 15<sup>th</sup> st store \$10.00 Gift Certificate winners were: Verna Sowder, Bonnie Hansen, Mary Powers, Janie Dowling, Elizabeth Truman, Sherry Davis, Andrea Sharpton. The Grand Prize Winner was: Maedell Dulaney. Congratulations to all Thanks for making our day special!!!



Chuck Paine, President of EARC's Board of Directors and Kim Pittman, Edmond Thrift Manager, stand in front of the Store at 92 East 15<sup>th</sup> Street that celebrated its 2nd anniversary on May 13<sup>th</sup>





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## TRAILS NEWS:

The Spring Fling was an awesome success, we had over 70 people attend and the food was so good. Thanks to all the family members that attended and put on such a great party.

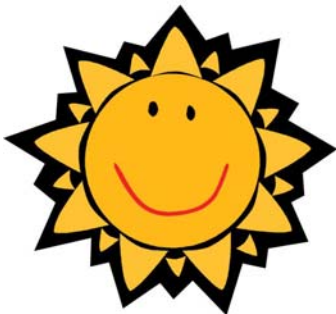
## EMPLOYEE OF THE MONTH:

**Jeannine L. Cannon-Ritchie:** Jeannine has really stepped up to the plate, as she has been coaching the vending crew, training new job coaches at Guthrie Thrift, transporting folks to their jobs and sometimes working the tables at the Trails Workshop. For her above and beyond attitude we are grateful. Good job, Jeannine!

**Lou Ellen Schlegel:** EARC Thrift store would like to recognize a very special employee. Her name is Lou Ellen Schlegel. Lou, as we all call her, has been with us for 7 years, 3 years as a volunteer and 4 years as an employee. Lou is loved by all the customers, clients and co-workers. She is a very positive and caring lady. Lou is so good to all of us at EARC when we have a birthday, graduation, or if someone is leaving us, Lou is ready with a wonderful homemade cake, brownies, or cupcakes. (Lou use to work in a bakery!) Lou has worked with several of our individuals in the past 4 years, and they don't forget how kind and loving she is with them. Lou truly has the patience of job when it comes to dealing with customers at the Thrift store. Lou Ellen was here through our move to the new store and was a big help at setting up and getting ready to open the new store. Now she is helping us celebrate two wonderful years at the 92 E.15th location. Thank you Lou for your dedication, hard work and your big heart. We Love you Lou Ellen Schlegel!!!

**Van Bailey:** Van has been employed at The Trails Workshop since June of 2001. Van's supervisor says, "Van is pleasant to everyone he meets." Van is a steady worker that doesn't get off task until it is time for a scheduled break. Congratulations Van on being an April Employee of the Month!


**David Atlee:** David Atlee was one of our March 2008 Employees of the Month. David has worked at The Trails since 1992. David's favorite job is working on the Quality Bags Contract. David was surprised with this Employee of the Month Award during a site visit attended by our Board of Directors and United Way Volunteers. Congratulations David on being the March Employee of the Month!



David Atlee receives Employee of the Month award from Bonnie Wells, Executive Director, and Leland Robinson, Vocational Manager, as EARC Board Members and United Way Volunteers applaud David for his hard work at The Trails.



## JUNE 2008 BIRTHDAYS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 <i>Andrea Monachello</i>	3	4 <i>Wilfredo Santos-Rivera</i>	5	6	7
8	9	10	11	12	13	14
15 <i>Rebecca Story</i>	16	17	18	19	20 <i>Ralph Madill &amp; Mulunesh Woldekiros</i>	21
22	23	24	25	26	27	28
29	30	